Sydney Masterclass on Interventional Pain Management

20–21 March 2027
Swissotel Sydney
68 Market St, Sydney NSW 2000 (opposite the State Theatre and near Pitt St Mall)

Day 1 | Saturday 20 March 2027

Lectures and live model scanning demonstration

Time	Programme
08:00–08:30	**Registration & Refreshments**
08:30–08:45	**Introduction**
08:45–09:15	**Headache & Facial Pain Syndrome Management** Dr Sadiq Bhayani *(Ultrasound Guided Headache & Facial Pain Blocks)* • Supra & infra orbital nerve block • Maxillary division of Trigeminal nerve block in Pterygopalatine fossa/ Sphenopalatine block • Mental nerve block • Occipital nerves
09:15–09:45	**Cervical Spine Procedures (Anatomy & Sono-anatomy)** Dr Sadiq Bhayani *(Procedures for Neck pain management)* • Cervical Facet and Cervical Medial Branches, TON • Cervical Nerve roots • Cervical Sympathetic chain • Greater Occipital Nerve
09:45–10:15	**Tea / Coffee Break**
10:15–10:45	**Upper Limb MSK pain procedures (Anatomy & Sono-anatomy)** Dr Sadiq Bhayani *(Shoulder, Elbow, Hand & wrist pain blocks)* • Shoulder - Bicep Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve • Elbow - Medial and Lateral Elbow, Ulnar nerve & Cubital Tunnel • Wrist - Carpal Tunnel & Median Nerve, Guyon's Canal & MCP joint
10:45–11:00	**Thoracic Spine procedures (Anatomy & Sono-anatomy)** Dr Rahul Bhansali *(Procedures for Thoracic spine pain management)* • Thoracic Facets & Costotransverse joint • Intercostal Nerves

Day 1 | Continued

Lectures and live model scanning demonstration

Time	Programme
11:00–11:30	**Abdomen & Pelvic Procedures (Anatomy & Sono-anatomy)** **Dr Rahul Bhansali** *(Abdominal myofascial pain & Pelvic pain management)* • Ilio-inguinal & ilio hypogastric nerve block • Rectus sheath, TAP plane • Quadratus lumborum block • Genitofemoral nerve block • Pudendal nerve block
11:30–12:00	**Lower Limb MSK pain procedures (Anatomy & Sono-anatomy)** Dr Rahul Bhansali *(Hip, Knee, Ankle & foot interventional pain procedures)* • Hip joint, Trochanteric complex & lateral femoral cutaneous nerve, hip articular branches RF • Knee - Knee joint & knee articular branches RF • Ankle - Tibio-talar joint • Plantar fascia
12:00–12:15	**Regenerative Medicine & newer joint injectables for Joint Pain Management** **Dr Sadiq Bhayani**
12:15–12:30	**Radiofrequency & Cryoneurolysis for Pain Management** **Dr Sadiq Bhayani**
12:30–13:10	**Neuromodulation for Neuropathic Pain - Patient selection - How do I do it?** **Dr Sadiq Bhayani**
13:10–13:30	**Lumbar spine & Sacral procedures** **Sadiq Bhayani** *(Low back & buttock pain management)* • Caudal Epidural • Sacro-iliac joint & ligaments • Piriformis muscle injection • Lumbar Facet joint & Medial Branches
13:30–14:20	**Lunch Break**
14:20–15:20	**Ultrasound Live Demonstration of all the blocks** **Sadiq Bhayani & Rahul Bhansali** *(Head, Neck, Upper Limb, Thorax, Abdomen, Pelvis, Lower Limb, Lumbar Spine, Sacrum)*
15:20–15:50	**Cancer Pain Management - Updates** **Dr. Sadiq Bhayani**
15:50–16:20	**To Stimulate or Denervate? Exploring Treatment Options for Mechanical Low Back Pain - Part 1** **Dr. Sadiq Bhayani**
16:20–16:50	**Tea / Coffee Break**
16:50–17:20	**To Stimulate or Denervate? Exploring Treatment Options for Mechanical Low Back Pain - Part 2** **Dr. Sadiq Bhayani**
17:20–17:45	**Feedback & Instructions for Day 2**

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Day 2 | Sunday 21 March 2027

Hands on live model scanning and structured station practice

Time	Programme
07:45–08:00	**Registration & Refreshments**
08:00–08:30	**How to prepare for Ultrasound Certification Examinations? Dr. Sadiq Bhayani** Certification in interventional pain ultrasonography (CIPS Exam) • Exam structure • Communication, Knowledge and Skills • Exam technique • Clinical Examination Videos
08:30–09:00	**Block Replay session**
09:00–10:00	**Station 1**
10:00–10:30	**Tea / Coffee Break**
10:30–11:30	**Station 2**
11:30–12:30	**Station 3**
12:30–13:15	**Lunch Break**
13:15–14:15	**Station 4**
14:15–15:15	**Station 5**
15:15–15:30	**Tea / Coffee Break**
15:30–16:30	**Station 6**
16:30–17:30	**Station 7**
17:30–17:45	**Feedback and Closure**

Live Scanning Stations

Hands on practice areas

Head, Neck, Cervical Spine

Cervical Medial Branch, Cervical Nerve roots, GON, Cervical Sympathetic Chain, Maxillary nerve, supra orbital, infra orbital, mental nerve

Lumbar Area, Pelvis & Abdomen

Lumbar Facet joint, Medial Branches, Caudal, Sacro-iliac joint, Piriformis, Pudendal Nerve, Ilio-inguinal, Ilio-hypogastric and Genitofemoral, QLB, Rectus sheath, TAP

Thoracic Region

Thoracic Facet, Costo-Transverse joint, Intercostal Nerve, Paravertebral Space and Erector Spinae Plane (ESP)

Shoulder

Shoulder joint, AC Joint, Long Head of Biceps, SASD bursa, Supra-scapular Nerve, Axillary nerve, articular branches to shoulder joint RF

Elbow, forearm & Wrist

Medial and Lateral elbow, Ulnar nerve, Cubital tunnel, Carpal tunnel, MCP joint

Hip

Hip joint, Greater Trochanter complex, Iliopsoas bursa and tendon, IT Band, Lateral Femoral Cutaneous Nerve, Articular branches of femoral, obturator and accessory obturator nerve RF

Knee, Ankle & Foot

Knee joint, Genicular nerves RF, Ankle joint, Tarsal tunnel, Plantar Fascia